

# **Chemoport Insertion**

Chemoport insertion, commonly referred to as the placement of an implanted port, is a medical procedure that involves surgically inserting a small device under the skin, typically in the chest, arm, or abdomen.

This device connects to a vein and provides easy access for administering medications, fluids, blood transfusions, or for drawing blood. It is particularly beneficial for patients undergoing long-term treatments, such as those with cancer.

## **Health Education for Patients**

## 1. Understanding the Procedure:

The implanted port is placed under local anaesthesia and Mild Sedation, the procedure usually takes about 30 to 60 minutes. This procedure is done under day-care. The port is designed to minimize the need for repeated needle sticks, making it easier for patients to receive treatments over time.

### 2. Pre-Procedure Preparation:

Patients should discuss any medications they are taking with their healthcare provider, as some may need to be adjusted before the procedure. It's important to discuss any medications, allergies, or health conditions with the IR to ensure safe management during the procedure.

### 3. Post-Procedure Care:

After the insertion, patients may experience some discomfort or swelling at the site. It's essential to keep the area clean and dry. Patients should follow specific care instructions provided by the healthcare team, which may include how to clean the port and when to change dressings.

#### 4. Recognizing Complications:

Signs of infection include:

- redness
- swelling
- warmth, or discharge at the insertion site
- fever.

Any unusual symptoms should be reported immediately.

### 5. Lifestyle Considerations:

Patients are encouraged to maintain a healthy lifestyle, including a balanced diet and regular exercise, as tolerated. This can help improve overall health and support the body during treatment.

#### 6. Follow-Up Care:

Regular follow-up appointments are necessary to monitor the port's function and to manage any ongoing treatments. Healthcare providers will also check for any signs of complications during these visits.

If you have any concerns, call your healthcare provider at 0356391212 or visit the nearest hospital in case of an emergency.

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